

# Weekly Chart for Stimulating a Baby's Brain Growth

	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<b>Seeing</b> Cards 3-5 Times Daily (B&W, Words, Dot)							
<b>Hearing</b> Talk to Your Baby All Day Long							
<b>Touch</b> Massage 1-2 Times Daily							
<b>Language</b> Talking, Listening, Nursery Rhymes, Reading, etc...							
<b>Motor Skills</b> Stomach or Floor Time as Much as Possible							
<b>Taste</b> New Foods							
<b>Smell</b> New Smells							