



## Knock Out Aggression

\*Biting, hitting, pushing, spitting, and pulling hair are aggressive behaviors we want to knock out!

\*If your child has an aggressive behavior let them know it is NOT tolerated!

\*Look at your child with the stern look we all have and say in the deepest, sternest voice you have, "NO." Remove your child so they are by themselves. Go to the other child that has received the aggression and lavish them with attention.

\*Once your child has calmed down and has gained their composure. Ask them what happened? Followed by this will not happen again, right?

\*Then bring your child over to the child that was hurt and your child needs to apologize with sincerity.