

Check-Up

Blossoming Babies

Language Growth



Birth-3 Months

Say to your baby, “ah-ah-ah and oh-oh-oh and eh-eh-eh.”

- Your baby repeats the vowel sound noises.

3 Months-6 Months

Say to your baby, “ma ma ma, da da da, baa baa baa.”

- Your baby makes two-syllable sounds.

6 Months-9 Months

Say your baby’s name.

- Your baby responds to their name.

9 Months-12 Months

Say to your baby, “Mama or dada.”

- Your baby says, “Mama or dada.”

Say, “No” to your baby at an appropriate time.

- Your baby understands, “No.”

Observe your baby using single words appropriately (cookie, mine, doll, hot...)

- Your baby uses single words appropriately (they have the correct meaning).

Say to your baby, “Where is your nose or eyes or mouth ...?”

- Your baby understands the verbal question by pointing or doing a gesture correctly.

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Social Growth



3 Months-6 Months

Observe your baby as you talk to them.

- Your baby should make eye contact with you.

Say to your baby, “I am going to pick my big girl/boy up.”

- Your baby should reach for you.

Say your baby’s name.

- Your baby should respond to their name.

6 Months-9 Month

Ask your baby to give you a hug or a kiss.

- Your baby should give you a hug or a kiss.

9 Months-12 Months

Chant a familiar finger play to your baby.

- Your baby should participate.

Roll a ball to your baby.

- Your baby will stop the ball and roll it back to you.

Read a book to your baby.

- Your baby snuggles right up and they enjoy being read to.

Observe your baby when they need help but it is not urgent.

- Your baby will wait about 5 minutes for needs to be met (self soothing and self control).

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Physical Growth



Birth-3 Months

Put your baby on their stomach.

- Your baby raises their head slightly.

3 Months-6 Months

Put your baby on their stomach.

- Your baby should roll over.

Put your baby on their stomach.

- Your baby will push their bodies forward and pull themselves up.

6 Months-9 Months

Set your baby down on the floor.

- Your baby should crawl around.

Give your baby an object.

- Your baby should transfer this object from one hand to the other.

9 Months- 12 Months

Set your baby on the floor.

- Your baby should sit without support.

Observe your baby when exploring.

- They should stand.

Hold your babies hands with support.

- They will walk with help.

Observe your baby with toys.

- They will drop a toy and pick it up.

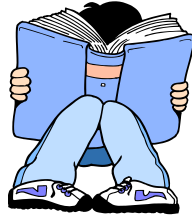
Observe your baby picking up smaller objects (cereal, beads, squeeze toys ...).

- Your baby will pick up the objects using their thumb and one finger.

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Knowledge Growth



3 Months-6 Months

Give your baby a new object (make sure it is safe for a baby).

○ Your baby looks at the object, touches it, and is inquisitive about the new object.

Drop a toy from where you are sitting.

○ Your baby looks for the dropped toy.

6 Months-9 Months

Play “Peek-a-boo” with your baby.

○ Your baby reacts and looks at you.

Read your baby’s favorite book to them.

○ Your baby should look at the pictures in the book.

Give your baby a toy.

○ Your baby should experiment with the toy by dropping, shaking, or banging it.

Show your baby their reflection in a mirror.

○ Your baby should react to their reflection.

9 Months-12 Months

Wave and say” bye-bye” or throw kisses to your baby.

○ Your baby should be able to wave bye-bye or throw kisses.

Observe your child when you say, “No” to them.

○ Your baby should shake their head “No” with understanding.

Give your baby two objects that fit into one another.

○ They should be able to put one object into another.

Check-Up Blossoming Babies Creative Growth



6 Months-9 Months

Give your baby a few crayons.

- Your baby will take the color and scribble on paper.

9 Months-12 Months

Put on some of your babies favorite music.

- Your baby will move in time to the music.

Give your baby some play dough.

- Your child will play with small pieces of play dough.