



Frozen Yogurt Pops

Ingredients:

- 1 8-oz. container of your favorite flavor of yogurt

Utensils:

- small paper cups
- wooden popsicle sticks (available in craft stores)
- plastic wrap

Directions:

- 1) Pour yogurt into paper cups. Fill them almost to the top.
- 2) Stretch a small piece of plastic wrap across the top of each cup.
- 3) Using the Popsicle stick, poke a hole in the plastic wrap. Stand the stick straight up in the center of the cup.
- 4) Put the cups in the freezer until the yogurt is frozen solid.
- 5) Remove the plastic wrap, peel away the paper cup, and eat your pop!