



Follow the Leader

*Everyone gets a chance to be the leader.

*One person starts out and everyone has to follow behind them as they do all kinds of crazy moves.

Moves

*Reach up in the air

*Put one hand down and one hand in the air

*March around

*March backwards

*Skip, hop, twirl, wiggle and then do it backwards

*If you are outside you can crawl around trees, dance under a branch, circle around the house, and just do all kinds of crazy moves.