



Movement Games

- *Set up a starting line and a finish line.
- *Have your children go to the starting line... Ready, set, go...
- *Have them kick a ball to the finish line.
- *Have them roll to the finish line.
- *Have them skip, hop, jump on one foot, gallop...
- *Have them take a spoon and balance a marshmallow on it.
- * Have them take a water balloon and pop it at the end.
- *Let your child be as creative as possible and keep moving!