



Help to "STOP" the Whining

*Don't respond to ANY whining. Just walk away like they are speaking another language that you do not understand.

*Respond to pleasant requests quickly. Your child will understand very fast that normal voices are heard and whining doesn't get results.

*Be consistent at home and in public. The whining voice may come out in public. Look at them like they are speaking a foreign language and DO NOT respond.

*Reminder: BE CONSISTENT!!!